

Testimonial on Joshua

Joshua's speech therapist of 3 years recommended Brain Integration for my autistic son, Joshua. Joshua had been diagnosed with autism at 6 years old. There had always been some signs of autism in him but all assessments done had said that he did not have enough characteristics to be labeled "autistic" until last year.

Since first seeing therapist, Brian Esty, "Dr. Brian", as my son calls him, I had been concerned about his inability to understand language and things that we tell him or ask of him. He did not have any "non-rote" language. I would have to tell him to say please, thank you, and bye to people. He did not respond correctly to even yes/no questions. He did not listen and pay attention to his surroundings. He was not social. He did not have consistent eye contact.

Joshua engaged in weekly sessions of BIT. After only a few sessions he already began to have more spontaneous language. He even said, "thank you Dr. Brian, bye-bye" without any prompting. I was pleasantly surprised! He also began to say goodnight to his sister. Joshua began to look forward and verbally ask to see Dr. Brian every week.

After each session, I began to notice more positive results.

His ability to understand language had greatly improved. He used to answer all yes/no questions without thinking. Now he actually thinks about the questions we ask him before answering.

He follows directions better, has better listening skills, and continues to improve. He even received an award from his speech therapist at school congratulating him on "good listening skills! He is also not as resistant in doing his homework. It just seems easier for him.

He also became more social. He is not shy about going up to people to say hello and hold hands, whereas before, he would not approach people at all besides his parents. He now greets all visitors when they come to our house.

Understands taking turns by saying "my turn, your turn"

He is definitely more confident. He has a younger sister who always used to take things away from him and he wouldn't care. Now, he pulls her hair whenever she gets in his way (I may not like it more this way but people always tell me that is a normal reaction for a 6 year old).

He is more aware of his surroundings. One day, our family was in the car and his sister was crying. Joshua automatically grabbed a tissue and gave it to her. He notices the weather when it is sunny and rainy.

After Brain Integration Therapy, I have seen a difference in his eye contact, playfulness/silliness, humorous side, more spontaneous language, has more interests in other things, understands rules (turn taking, board games,)

We even began to give him chores to do around the house, like passing out napkins and putting his dirty clothes in the hamper.

I have a lot to be thankful for. And one of those is Dr. Brian and his Brain Integration Techniques.